



**PATRIOT ELITE**  
WRESTLING CLUB

*The Patriot Elite Wrestling Club is a USA Wrestling-sanctioned club sponsored and operated by the George Mason University wrestling team, and it is run and coached by current George Mason University wrestlers and coaches.*

*The club offers youth and high school programs and participates in all three styles of wrestling—collegiate and both Olympic forms, Greco-Roman and freestyle. We combine technique, training and work ethic to build champions.*



# 2015

## Spring Training

*Our main focus is to train for and medal at national, regional and state events.*

**Ages:** Youth, Middle School and High School

**Cost:** \$75.00 per month

**Schedule:** Sundays 4:00pm-5:30pm  
Mondays & Wednesdays 7:00pm-8:30pm

**PRACTICE LOCATION**

George Mason University Field House  
Athletic Complex  
4501 University Drive  
Fairfax, VA 22030

**TOM CARR**

Head Coach  
tom@patriotelitewrestling.com